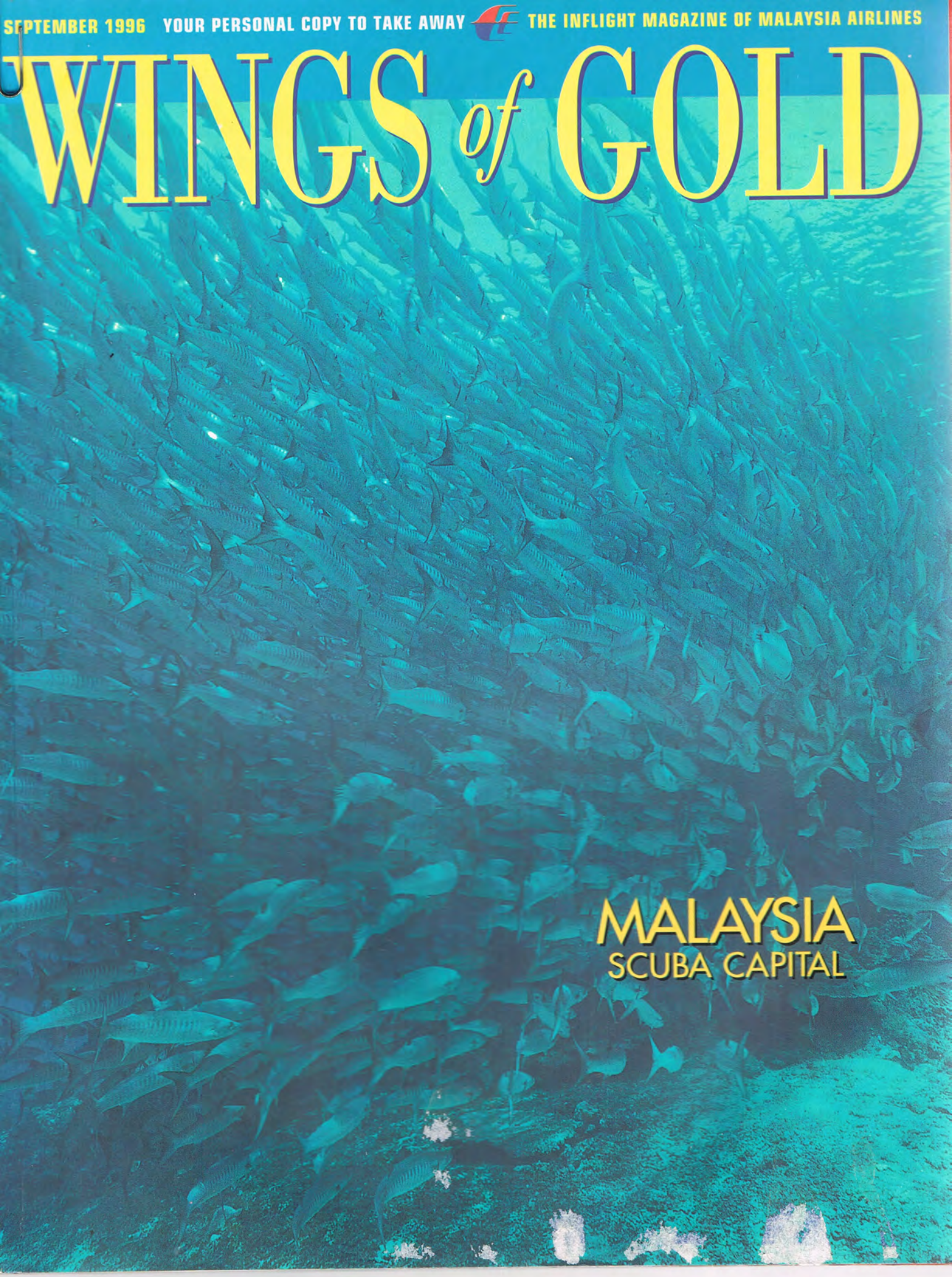
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WINGS of GOLD



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Learning In Paradise

By H.Hussein

An executive style holiday-cum-learning experience for the business person who must learn to accept that one "cannot delegate one's health and sanity"...



Valerie Austin is a hypnotherapist author, trainer and entrepreneur, based in London's famous Harley Street and now also in Kuala Lumpur. Author of books on self-help, she specializes in increasing productivity and stress-control to help keep the highly trained business mind free of obstacles that can lead to stress, illness or even breakdowns. Her previous experiences in high performance selling, ten years covering the Cannes Film Festival, and her life in Hollywood as a trade editor for the film industry may well have prepared her for the fascinating strategies of the mind.

"I became a therapist quite by accident", Valerie explained. "I was suffering from severe amnesia resulting from a car accident and after two years in what seemed like a 'mental fog' I was helped by a famous "hypnotherapist to the stars'. He had already treated Sylvester Stallone, so I was in good company. In fact, the hypnotherapist asked me to promote him with my film industry and journalist contacts. The promotion was very successful and I believe he still uses the press hand-outs to this day." Eventually she returned to the UK, but it was several years before she decided to take a hypnotherapy course and become one of UK's leading hypnotherapists.

"My years in journalism helped me to promote myself as a top therapist. I don't say this because of my ego, but the results were amazing. I believe it was a direct result of me having such a long and complicated disability, the amnesia, that gave me the edge for structured hypnotherapy. I was having to live on my wits through the trauma of a memory loss, compensating for my disability with careful, structured excuses. Combining this with the heavy financial deal-making in Hollywood gave me the wonderful grounding for the 'mind contracts' so necessary in this form of therapy. It is of little use learning new tricks in increasing productivity without first dealing with the problems that sabotage your life and health.

"I was asked to join a leading private hospital as their first hypnotherapy consultant. From then on, word soon got around the medical profession and I was sent a stream of clients from top psychiatrists in Harley Street. In fact, one of my clients was so pleased with the results of his therapy, that he literally handed over the keys to his Beverly Hills-styled offices in Harley Street and left for good to travel the world. I worked hard with long hours as my publicity ensured a full practice. Then I started to concentrate on increasing the productivity of business people. I found that I wanted to work with people who were well rather than ill, but had problems that were preventing them from being the high-level achievers that they originally set out to be."

Concentrating on prevention rather than dealing with illness, using structured hypnosis and developing her own techniques enabled her clients to have a kind of a spring cleaning, clearing their mind - "and so, my new concept for therapeutic retraining of the thought process, "Learning in Paradise" was born," she said.

"I believe that the business person could combine a wonderful learning experience with a 5-star venue," Valerie enthused. She found it in Langkawi, settling for the beautiful Radisson Hotel situated on its own private bay, privacy ensured by the surrounding 1,500 acres. "It has the best view I have ever seen, which was unanimously shared by everyone I have taken there. A beautiful 120ft. yacht sits majestically in the bay, which is chartered to round off my spectacular venue with a two-day all inclusive cruise around the 100 or so islands that surround Langkawi. The evening is magical with a diploma ceremony and dinner. What more could someone ask out of life than to start afresh, with a more centered 'you' or perhaps a new career at your fingertips, a career in the wonderful exciting world of corporate business as a hypnosis specialist! Not only being able to teach new current methods and techniques on the market, but by being able to expedite them."

Enjoy a spring cleaning of the mind while learning how to keep your inner-self in order. It's so easy when you know how - in the not-so-distant future, people who don't invest in their own minds will seem to be foolish.

It was only a few years ago that exercise was considered unnecessary, and look what happened to that thought.

So if you really want a wonderful investment with fun, luxury and sophistication, then this extraordinary 'paradise learning' is for you. A business tycoon who attended one of Valerie's courses last year remarked, "It's the best money I ever spent". A city banker, who attended the previous course, admitted at a press conference that he had 110 per cent belief in the course, and in dollars and cents he had made an extra $35,000,000 since attending. His change of attitude and approach had been very lucrative indeed. A lady business woman on the same course has significantly increased her sales, but more importantly, she was able to save her marriage.

There are two types of courses offered under the banner of 'Learning in Paradise' - a four-day set of workshops introduced into your 10-day or two- week holiday. This spectacular break shows you how you can use self-hypnosis to overcome your problems. A personal blueprint plan is selected and many techniques are shown to overcome a variety of stress-related problems from jet-lag, to staying younger and looking younger for longer using the mind. Holiday Two - this is a comprehensive, full diploma course in structured hypnosis that allows you to go away on holiday and return with a career. It gives you the tools to enter the billion dollar business of development or create a very rewarding helping career. The two-week holidays range from GBP3,000 to 5,000. The next course in Langkawi will be held on October 19. Courses in London are also available from January 18, 1997.

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